

Walking the way to health

in North Lincolnshire

Timetable of led walks August to November 2021



North
Lincolnshire
Council
www.northlincs.gov.uk



Supported through funding from Sport England and players of People's Postcode Lottery

Important information – Please Read
The walks included in this programme are accredited to the National Walking for Health scheme
See www.walkingforhealth.org.uk for further information.

- Everybody is welcome to join any of the walks, which are always relaxed and friendly.
- All walks are FREE and are no longer than 3 miles (unless otherwise stated) please check the length of the walk beforehand. All walks are 90 minutes or less
- Walks are led and supported by trained Volunteer Walk Leaders, one with first aid equipment.
- In severe weather conditions walks may be cancelled, **please call 0771 7586380 before 9.30am** on the day of the walk if you are in any doubt that a walk will not be taking place.
- Please wear comfortable shoes with grip and be aware that some walks may be muddy in places. It is also advisable to bring a drink with you, particularly in warmer weather.
- Please consider residents and other road users when parking and allow adequate room for farming vehicles. Please do not park on verges, block driveways and consider the Highway Code when parking.
- **Assistance dogs** are welcome on walks.

Choose a walk suitable for you (please note the start time, if you are new please attend 10-15 minutes earlier to fill in a walker registration form)

Short walks these walks are geared to the walkers who attend and are 30 -45 minute entry level walks.

H2H Walk on Tuesday mornings. **Anyone can attend these walks.** People who have experienced heart problems predominantly attend the Heart 2 Heart walk. This is a warm and friendly group of people who share a common experience and who are determined to live as full a life as possible, whilst giving support whenever and wherever needed. Everyone is welcome. These walks are at a gentle to moderate pace to ensure everyone enjoys themselves. **Start time 10.30am.**

Tuesday Morning and Thursday Morning and Afternoon Walks have a slightly brisker pace to the H2H walks and are attended by people of various fitness levels **Start time 10.30am.**

The Normanby Park Walk is held every Friday and is a great start for those who are new to walking or may need extra help with gaining confidence in walking. The group is usually split to cater for differing abilities with distances to suit each group. A FREE parking pass will be provided for duration of walk (please ask a walk leader for a pass). **Start time 10.30am**

For further information, contact Christine Johnson - Health Walks Coordinator on 0771 7586380

Or e.mail: christine.johnson@northlincs.gov.uk

EVERY FRIDAY 10.30am	Normanby Park Walks	Meet in the main car park, Normanby Hall, DN15 9HU 3 walks available for differing abilities, including a short 30 minutes walk. We welcome users of Wheelchairs and Walking Aids on this walk	1 – 3 miles
EVERY WEDNESDAY 11am	Central Park Short walk	Meet at Central Park Car Park, Kingsway Scunthorpe We welcome users of Wheelchairs and Walking Aids on this walk	1 – 1.5 miles
MONDAYS & THURSDAYS 10.30am	Nordic Walking Barton upon Humber	If you would like to take part please contact Leisure services admin team on 01724 297270 to arrange a short technique introduction session.	3 miles

Tues 3 August 10.30am	Burton on Stather, Little Normanby	Meet at Burton Stather playing fields car park, Burton on Stather. DN15 9ES	3.2 miles
Tues 3 August 11am	Short Walk Bottesford Beck	Meet St Peters Church car park. off School Lane, Bottesford. DN16 3RD	1 mile
Thurs 5 August 10.30am	Wrawby Two Counties	Meet at Jolly Miller public house , Melton Road, Wrawby, Brigg. DN20 8SL(use rear car park)	2.5 miles
Thurs 5 August 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 10 August 10.30am	Belton Fields	Meet at playing fields car park, off Jeffrey Lane, Belton. DN9 1LT	3 miles
Tues 10 August 10.30am (H2H)	Epworth West End	Meet at Holmes and Gardens garden Centre, Epworth, DN9 1JL	2.65 miles
Thurs 12 August 10.30am	Barton Town and Baysgarth Park	Meet at Baysgarth Leisure Centre, lower car park, Brigg Road, Barton upon Humber, DN18 5DT	2.7 miles
Thurs 12 August 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 17 August 10.30am	Flixborough South	Meet at the Fenestra conference centre, High Street, Flixborough. DN15 8RL. Refreshments may be available after the walk	2.5 miles

Tues 17 August 11am	Short Walk Central Park, Scunthorpe	Meet at Central Park Car Park, Kingsway Scunthorpe	1 mile
Thurs 19 August 10.30am	West Butterwick: Willow Cottage Walk	Meet at Village Hall, Ulliyet Lane, off West Street, West Butterwick.DN17 3LD	2.75 miles
Thurs 19 August 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 24 August 10.30am	Messingham	Meet at Memorial Fields sports ground, Northfield Road, Messingham , DN17 3SA	2.5 miles
Tues 24 August 10.30am (H2H)	Barton Waters Edge	Meet at Waters Edge car park, Maltkiln Road, Barton on Humber DN18 5JR	3 miles
Thurs 26 August 10.30am	Humber Bridge to Far Ings Nature Reserve	Meet Humber Bridge viewing area Car park, Waterside Road, Barton On Humber	3 miles
Thurs 26 August 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 31 August 10.30am	Barnetby Le Wold	Meet near Railway bridge , Victoria Road, Barnetby. Careful roadside parking nearby	2.5 miles
Tues 31 August 11am	Short Walk Kingsway Nature Reserve	Meet Old Kingsway Golf course car park , off Kingsway slip road , Scunthorpe	1 miles
Thurs 2 September 10.30am	Owston Ferry	Meet near St Martins Church, Church street, Owston Ferry, DN9 1RG. Careful roadside parking	2.9 miles
Thurs 2 September 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 7 September 10.30am	Goxhill	Meet near All Saints Church, King Street, Goxhill. Refreshments may be available after the walk	2.9 miles
Tues 7 September 10.30am (H2H)	Ealand	Meet in Bonnyhale Road,Asquith Avenue , Ealand, DN17 4JH Careful parking on the road past the houses	3 miles
Thurs 9 September 10.30am	Whitton Alkborough Flats	Meet at junction of Main Street and Church Hill, Whitton DN15 9LL (careful roadside parking please)	2.9 miles
Thurs 9 September 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 14 September 10.30am	Epworth East	Meet at Holmes and Gardens Garden Centre, Epworth, DN9 1JL	2.55 miles
Tues 14 September 11am	Short Walk Ashby Ville lagoons	Meet Morrisons car park, near Ashby ville Roundabout, Scunthorpe	1.5 miles
Thurs 16 September 10.30am	Willoughton Hemswell Walk	Meet at the Village Green in Willoughton, near the bus shelter off B1398, Kirton Lindsey Road, DN21 5RT	3.5 miles
Thurs 16 September 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 21 September 10.30am	Melton Ross airport view walk	Meet at Hilltop Road junction above New Barnetby, on Bigby Road, take first left after Mill Farm	3 miles
Tues 21 September 10.30am (H2H)	Belton Fields	Meet at playing fields car park, off Jeffrey Lane, Belton. DN9 1LT	3 miles
Thurs 23 September 10.30am	South Ferriby	Meet at Nelthorpe Arms public car park, Skinners Lane, South Ferriby	3 miles
Thurs 23 September 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 28 September 10.30am	West Halton, Whitton Road	Meet at the car park on the Village Green, West Halton. DN15 9BD	2.7 miles
Tues 28 September 11am	Short Walk Atkinsons Warren, Scunthorpe	Meet in the Car Park off Ferry Road, Scunthorpe, DN15 8JA (on left if coming from Scotter Road)	1 mile
Thurs 30 September 10.30am	Worlaby Park	Meet at Worlaby Village Hall recreation ground, Off Low Road Worlaby , DN20 0NA.	2.6 miles
Thurs 30 September 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 5 October 10.30am	Scotter	Meet at Scotter Village Hall car park, Scotton Road, Scotter DN21 3SB	2.5 miles
Tues 5 October 11am	Short Walk Silica Country Park	Meet Silica Country Park car park, Scotter Road, Scunthorpe	1 mile
Thurs 7 October 10.30am	Winterton to Roxby	Meet at All Saints Church, Market Place, Winterton (Please park carefully in nearby streets)	3 miles
Thurs 7 October 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles

Tues 12 October 10.30am	Barrow upon Humber	Meet near the Church, High Street, Barrow upon Humber. Careful roadside parking please	2.7 miles
Tues 12 October 10.30am H2H	Keadby Canal	Meet Canal & River Trust car park, at side of canal. Station Road, Keadby.DN173BP. Left after disused Barge Inn	3 miles
Thurs 14 October 10.30am	Churchtown, Belton	Meet at playing field car park, off Jeffrey Lane, Belton, DN9 1LT	3 miles
Thurs 14 October 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 19 October 10.30am	Wrawby Post Mill Walk	Meet at Jolly Miller public house , Melton Road, Wrawby, Brigg. DN20 8SL(use rear car park)	2.9 miles
Tues 19 October 11am	<u>Short Walk</u> Bottesford Beck	Meet St Peters Church car park. off School Lane,Bottesford.DN16 3RD	1 mile
Thurs 21 October 10.30am	Winteringham Circular	Meet Village Hall , Frost Close,Winteringham . DN15 9PL.	3 miles
Thurs 21 October 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 26 October 10.30am	Haxey Turbary	Meet at Haxey Church Car Park, Church Street, Haxey. DN9 2JA	2.8 miles
Tues 26 October 10.30am (H2H)	Flixborough South	Meet at the Fenestra conference centre, High Street, Flixborough. DN15 8RL, refreshments may available after the walk	2.5 miles
Thurs 28 October 10.30am	Scawby, Sturton and Ermine Street	Meet near Village hall, Scawby, DN20 9AS	2.75 miles
Thurs 28 October 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 2 November 10.30am	Broughton East Woods	Meet at Phil Grundy Sports Centre – Playing field car park, Scawby Road, Broughton	3.2 miles
Tues 2 November 11am	<u>Short Walk</u> Ridge walk , Scunthorpe	Meet at Ridge walk car park, Kingsway, Scunthorpe.	1 mile
Thurs 4 November 10.30am	Alkborough	Meet at Julians Bower, Alkborough, (careful parking please)	2.5 miles
Thurs 4 November 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 9 November 10.30am	Kingsway Nature Reserve	Meet Old Kingsway Golf course car park , off Kingsway slip road , Scunthorpe	3 miles
Tues 9 November 11am	<u>Short Walk</u> Ashby Ville lagoons	Meet Morrisons car park, near Ashby ville Roundabout, Scunthorpe	1.5 miles
Thurs 11 November 10.30am	West Butterwick Fields	Meet at Village Hall, Ullyet Lane, off West Street, West Butterwick DN17 3LD	3 miles
Thurs 11 November 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 16 November 10.30am	Kirton Lindsey North (Demanding Hill)	Meet at Fair gardens Garden Centre car park, Station Road, Kirton Lindsey, DN21 4JR	3.2 miles
Tues 16 November 10.30am (H2H)	Brigg and River Ancholme	Meet at Ancholme Leisure Centre car park, Scawby Road, Brigg.DN20 9JN	2.8 miles
Thurs 18 November 10.30am	Barton Waters Edge	Meet at Waters Edge car park, Maltkiln Road, Barton on Humber DN18 5JR	3 miles
Thurs 18 November 1.30pm	Park walk From Sainsbury's	Meet at Sainsbury's entrance, Henderson Avenue, Scunthorpe DN15 7RQ	2.7 miles
Tues 23 November 10.30am	Whitton	Meet at junction of Main Street and Church Hill, Whitton DN15 9LL (careful roadside parking please) Refreshments may be available in the village hall after the walk	2.5 miles
Tues 23 November 11am	<u>Short Walk</u> Central Park, Scunthorpe	Meet at Central Park Car Park, Kingsway Scunthorpe	1 mile
Thurs 25 November 10.30am	Brigg and River Ancholme	Meet at Ancholme Leisure Centre car park, Scawby Road, Brigg.DN20 9JN	2.8 miles
Thurs 25 November 1.30pm	Park walk from North Lincolnshire Museum	Meet in front of the Museum, Oswald Road, Scunthorpe, DN15 7BD	2.7 miles
Tues 30 November 10.30am	Atkinsons Warren, Scunthorpe	Meet in the Car Park off Ferry Road, Scunthorpe, DN15 8JA (on left if coming from Scotter Road)	2.5 miles
Tues 30 November 10.30am (H2H)	Barton Town and Baysgarth Park	Meet at Baysgarth Leisure Centre,lowere car park, Brigg Road, Barton upon Humber, DN18 5DT	2.7 miles